



Reboot: Member Health and Safety

Member Health and Safety is of the highest priority as your club begins preparations for a return to sport. To ensure that all staff and club members feel safe to return to the gym, it is vital that clubs adopt thorough cleaning and hygiene measures, as well as implement strict physical distancing protocols for all. **Communication** of these measures is key to inform, educate and reassure staff and club members of the club's commitment to their health and safety.

National Gymnastics Advice

As part of the [Rebooting Gymnastics](#) process, Gymnastics Australia has released the [Club Surface and Equipment Cleaning Guidelines](#) to help clubs minimise the risk of a COVID-19 outbreak in a club venue.

The guidelines include:

- **Recommended cleaning by surface (General surfaces only)**
- **Recommended cleaning by item**
- **Recommended cleaning of gymnastics equipment.**

Other factors to be considered for a safe resumption to training and participation can be found [here](#).

As the NSW Government releases further details on their COVIDSafe Roadmap, GNSW will communicate any additional measures specific to NSW clubs.

Communication

It's important to maintain ongoing communication with your staff and members about the COVID safe measures that the club has implemented to prioritise their safety.

This will ensure all members of the club community understand the steps taken to keep them safe, and their responsibilities to do the same.

This can be achieved by creating a **COVID Safe Member Handbook** that documents the new procedures put in place at the club such as:

- **Entering/Exiting/Class procedures**
- **Member expectations and requirements**
- **Cleaning and Hygiene procedures (individual and club-wide)**

Practical examples of these procedures in a club space can be found [here](#).

Safe Work Australia

The SafeWork Australia website is a great resource for businesses to utilise when seeking guidance around work health and safety (WHS) and tools on how to manage the health and safety risks posed by COVID-19.

Safe Work Australia has created the following checklists to assist businesses on how they can ensure the safety of their workers. These can be adapted to include considerations around member safety as well:

- [Physical Distancing](#)
- [Cleaning](#)
- [Health, Hygiene and Facilities](#)
- [Workplace](#)

Signage and Posters

The use of signage and posters around the workplace is a reminder to members and employees of the risks of COVID-19 and the necessary actions needed to stop the spread.

The [signs and posters](#) available cover the following areas:

- **COVIDSafe resources for businesses**
- **Hygiene**
- **Change in operation**

Further information on COVID-19 and workplace health and safety can be found [here](#).

Translated Information

If you require community information on the current COVID-19 outbreak in another language, you can access this [here](#).

Your Club COVIDSafe Plan

Ensuring you have completed the [COVIDSafe Plan](#) for your business with the above information will help you clearly articulate the measures you have for a COVIDSafe gymnastics club.